

A Snowman's Request

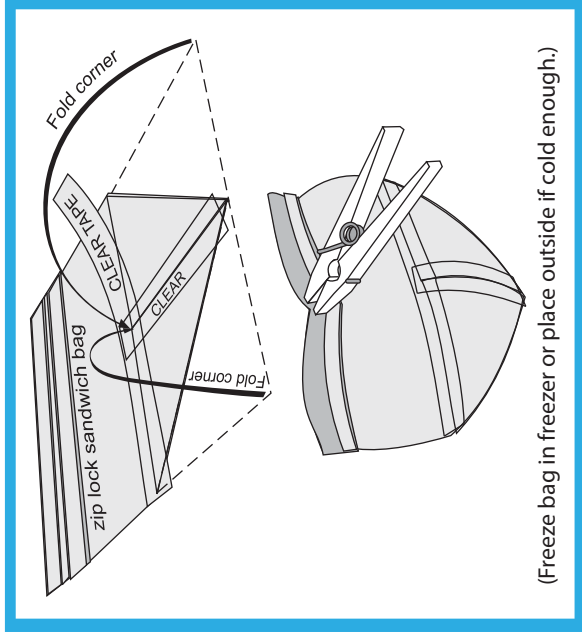
I am a snowman with a kind heart.
Please, build a snowman like me.
Start kindness flowing all through your town
Simply by doing one good deed.



Kindness Heart-Instructions continued...

1. Put 1¾ cups of water in a glass measuring cup
2. Drop one drop of red food coloring into the water. Add 3 drops of blue food coloring. Stir until you get a purplish color (adjust to your desired color of purple using a 1 to 3 ratio).
3. Pour water into the heart shaped bag. SEAL! Double check that zip lock is securely sealed!
- Pinch bag together slightly at center and place a clothespin or chip clip right in the middle of the top portion of the bag giving it a heart shape.
4. Put bag in a flat dish (with sides) having clothespin side facing upward. FREEZE SOLID. Trim around upper portion of plastic zip lock area only. Leave plastic bag on the frozen heart or remove plastic bag if desired. Return heart to freezer until needed.

5. Have fun and build your snowman. Carve a cavity for the frozen heart. Place heart in cavity; pack snow around it to keep it in place.



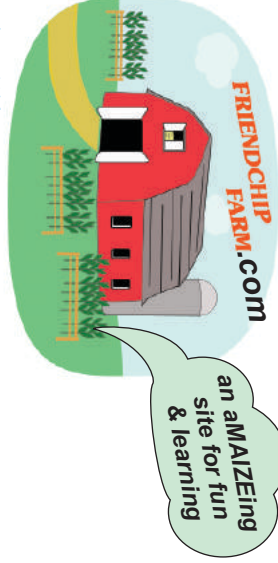
(Freeze bag in freezer or place outside if cold enough.)



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I Built a
SNOWMAN



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- ### Snowman with a Kind Heart
- Supplies you will need to make a kindness heart for your snowman:
1. Zip Lock **sandwich size** plastic bag.
 2. Water
 3. Red and blue food coloring to make purple water. (Or purchase purple food coloring)
 4. Scotch tape
 5. Spring clothespin or chip clip
- Make the kindness heart the night before you build your snowman.
See Diagram:
1. Make kindness heart container
 2. Turn lower corners inward until they meet.
 3. Tape in place at center and top of folds.